

A sample programme for a camp school week at the Riiho Inn

We have designed five different camp school days for you as an example of the options we offer for camp schools. The programme will be further specified when you decide to organise your camp school with us.

1. MAGICAL EXPERIENCES OR JUGGLING

With a magician or juggler

8.00 am to 9.00 am	Breakfast
9.00 am to 9.40 am	Performance by a magician or juggler
10.00 am to 11.30 am	Lessons in magic or juggling 1 Magic tricks performed using everyday items found in every home. Concentration, creative thinking, expression and dexterity.
12.00 pm to 1.00 pm	Lunch
1.00 pm to 2.00 pm	Camp School Olympics Fun competitions that build team spirit and require problem-solving skills and collaboration.
2.00 pm to 3.00 pm	Coffee break
3.00 pm to 4.30 pm	Lessons in magic or juggling 2
5.00 pm to 6.00 pm	Dinner
6.00 pm to 8.00 pm	Sauna or evening programme
8.00 pm to 8.30 pm	Evening snack
9.00 pm ->	Evening get-together
10.30 pm	Silence

2. LIFE IN THE COUNTRYSIDE

With a magician or juggler

8.00 am to 9.00 am	Breakfast
9.00 am to 12.00 pm	Farm visit Learning about cows and life on a farm, as well as history: how things were in the old days.
12.00 pm to 1.00 pm	Lunch
1.00 pm to 4.00 pm	Workshop at the Riiho Inn, coffee break Macramé, the camera as a learning tool, a disc golf course, etc
5.00 pm to 6.00 pm	Dinner
6.00 pm to 8.00 pm	Sauna or evening programme
8.00 pm to 8.30 pm	Evening snack
9.00pm ->	Evening get-together
10.30 pm	Silence

3. ENJOY THE FOREST

8.00 am to 9.00 am	Breakfast
9.00 am to 12.00 pm	Learning survival skills in the area surrounding the Riiho Inn Skills that everyone needs when hiking in the forest
12.00 pm to 1.00 pm	Lunch
1.00 pm to 4.00 pm	Trip to the Himmaanmäki observation tower Problem solving in nature, pancakes in a Lappish-style hut. Roaming in the wilderness.
5.00 pm to 6.00 pm	Dinner
6.00 pm to 8.00 pm	Sauna or evening programme
8.00 pm to 8.30 pm	Evening snack
9.00 pm ->	Evening get-together
10.30 pm	Silence

4. A DAY OF ADVENTURE IN THE WILDERNESS

With Markku Jokela, wilderness guide, www.eraopasjokela.fi

8.00 am to 9.00 am	Breakfast
9.00 am to 11.00 pm	Outdoor games, archery, box climbing Pushing your limits playfully in fun new sports. Who can climb a pile of 20 bottle crates?
11.00 am to 12.00 pm	Lunch
1.00 pm to 4.00 pm	Canoeing trip Two-person canoes and a ten-person Indian canoe. Includes stops for storytelling and cooking sausages over an open fire.
5.00 pm to 6.00 pm	Dinner
6.00 pm to 8.00 pm	Sauna or evening programme
8.00 pm to 8.30 pm	Evening snack
9.00 pm ->	Evening get-together Every day ends with a get-together. Depending on the day, group and duration of the camp school, the get-together can involve storytelling, a candlelit path or a stargazing trip.
10.30 pm	Silence

5. FINDING COURAGE

With storyteller and drama teacher Kiisi Isotalo, www.kiisi.net

8.00 am to 9.00 am	Breakfast
9.00 am to 11.00 pm	Sharing our feelings: joy, happiness, anger, longing – let's create stories together. We will also learn how to deal with our emotions. Learning about cows and life on a farm, as well as history: how things were in the old days.
11.00 am to 12.00 pm	Lunch
1.00 pm to 4.00 pm	I can do it! Cooperation, insight, self-esteem. What are my strengths? How can my strengths bring me joy and help others?
5.00 pm to 6.00 pm	Dinner
6.00 pm to 8.00 pm	Express yourself! Improvisation for everyone. Putting yourself out there – there is no wrong way to improvise.
8.00 pm to 8.30 pm	Evening snack
9.00pm ->	Evening get-together
10.30 pm	Silence

The programmes for arrival and departure days differ from the examples above but can consist of activities mentioned above.

DAY OF ARRIVAL

12.00 pm to 1.00 pm	Arrival at the Riiho Inn, lunch and unpacking
1.30 pm to 2.30 pm	Information about the inn and a tour
2.30 pm to 3.00 pm	Coffee break
3.00 pm to 5.00 pm	Your chosen activity
5.00 pm to 6.00 pm	Dinner
6.00 pm to 8.00 pm	Sauna or evening programme
8.00 pm to 9.00 pm	Evening snack
9.00 pm ->	Evening get-together
10.30 pm	Silence

DAY OF DEPARTURE

8.00 am to 9.00 am	Breakfast
9.00 am to 11.00 pm	Your chosen activity
11.00 am to 1.00 pm	Lunch and packing
1.00 pm	Departure

The inn's camp school counsellor participates in each day's activities from morning till night. We will not have other guests or camp schools at the same time, meaning that all our facilities are reserved for you. This ensures the best possible group-building process, and a cosy and safe atmosphere at the camp school.

PRICE

- The price of the camp school is from EUR 109.50 per day per person for children and adults.
- The price includes all activities, full board (breakfast, lunch, afternoon coffee, dinner and evening snack) and accommodation.
- We charge EUR 150 for cleaning after the camp school.
- Guests are expected to bring their own linen and towels. We charge EUR 12 per person for linen.

PLEASE NOTE!

- The final price will **ALWAYS** be based on our quote and your chosen activities!
- The magician, juggler and storyteller are sole proprietors. Their services must be requested well in advance, so we can book them for your chosen date.
- Our other partners live nearby and can be booked at shorter notice.
- The prices are for 2019. We reserve the right to make any changes.